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Hanuman Pooja





Poorvanga Pooja for Ganesha





Deepa Mantram



Deepajyothi Parabrahma

Deepajyothir Janardhana

Deepo me hara tu paapam

Deepaa Jyothir Namostuthe

I salute the Lord, the sustainer of the creation, in the form of this light.

I salute this light (the Lord),

May He destroy afflictions resulting from my omissions and commissions.



Achamanam

Om Achyutaaya namah

Om Anantaaya namaha

Om Govindhaaya namah

Kesava Narayana, Madhava Govindha

Vishnu Madhusudana, Trivikrama Vamana

Sridhara Hrusikesa, Padmanabha Dhamodara



Guru Dhyanam

Gurur brahmā Gurur viśnuh

Gurur devo maheśhvarah

Gurur sākṣāt parabrahma

Tasmaiśri gurave namah

*The guru is Brahma, the guru is Vishnu, the guru is Maheshwara.
The guru is ultimate truth. We offer that guru our prostrations*



Ganapathi Dhyanam

Shuklāambaradharam Vishnum

Sashivarnam Chaturbhujam,

Prasanna vadanam dhyāyeth,

Sarva-vighnopa shāntaye

For the removal of all obstacles, I meditate on Lord Vighneshwara, who is clad in white, is all-pervading, is white like the moon, sports four arms and is always of serene aspect.



Pranayamam (mentally chanting)

Om Bhuh, Om Bhuvah, Om Suvah, Om Mahah

Om Janah, Om Tapah, Om Satyam

Om Tat Saviturvarenyam, Bhargo devasya dhimahi,

Dhiyo yo nah prachodayat

Om apo jyoti rasaha amritam Brahma

Bhur Bhuvah suvar om



Sankalpam

Mamopatha, samastha, duritha kshaya dwara,

shri parameshwara preetheyartham,

karishya manasya karmanaha

nirvignane pari-samaptyartham

aadhao vigneshwara poojam karishye.

Sankalpam is a kind of record of what you performed with finer details going down to the day and location of the ritual.



Asana Poojai

Prithvi dhvaya tritha loka

Devi thuvam Vishnuna tritha

Dhvam cha Darayamam Devi

Pavithram Guru cha Asanam

This manthram is recited in order to purify the seat on which the we sit and perform the pooja.



Athma Poojai

Deho Devaalaya Prokthaha

Jeevo Deva Sanaathanah

Dhyajet Agnaanya Nirmaalyam

Sohambhaavena Pujayeth

The body has been described as a temple and the in dweller as the Eternal Divine.



Ganta Poojai (Sacred Bell)



Aagamartham tu devanam,
Gamanartham tu rakshasam
Ghantaaravam karom yathow
Devatah vaana laanchanam

The bell is sounded in order to invite the deity and accept our offerings/ prayers



Kalasa Poojai

Kalase Dhivya parimala Gandhaan Dhaarayaami
Gandhasyobhari haridhra kumkumam Dhaarayaami

Om Gangaayai namaha

Om Yamunaayai namaha

Om Godhavariyai namaha

Om Saraswathiyai namaha

Om Narmadhaayai namaha

Om Sindhave namaha

Om Kavareyai namaha

Sapthakoti mahaatheerthaani aavahayaami

*This pooja is performed in order to cleanse oneself and their surroundings*¹²



Kalasa Shlokam

Kalasya mukhe vishnuhu,
Gante rudhra samaachrithaaha,
Moole thathra sthitho brahma,
Madhye maathru ganaa smrithaaha.

This pooja is performed in order to cleanse oneself and their surroundings



Kalasa Shlokam

Kukshau thu saagara sarve,
Saptha dhveepa vasundhara.
Rugvedo atha yajurvedaha,
Saamavedo Apyadharvanaha.

This pooja is performed in order to cleanse oneself and their surroundings



Kalasa Shlokam

Angaischa sahitha sarve,
kalashaambu samaaschrithaaha.

Ayanthu deva pujaartham
durithakshaya kaarakaaha.

This pooja is performed in order to cleanse oneself and their surroundings



Kalasa Shlokam

Gangecha yamune chaiva,

Godhavari saraswathi.

Narmadhe sindhu kaaveri,

Jale asmin sannidhim kuru

Om boorbuvasuvaha (x3)

This pooja is performed in order to cleanse oneself and their surroundings



Praarthanai

om ganānā"m tvā ganapā'tigum havāmahe
kavim kavī nām ūpamashrā-vastamam |

jyeshṭharājam brahmaṇām
brahmaṇaspata ā nah
shruṇvan-nū tibhis-sīda sādānam ||



Praarthanai

praṇo' devī sarāsvatī vājēbhir vā jinīvatī |

dhīnāmā vitryāvatu |

gaṇeshāyā namāh | sarasvatyai namah |

shrī gurubhyo namah | harih om ||



Praarthanai... contd

Agajaanana padhmaarkam Gajaananam aharnisham

Anekathantham bhakthaanaam Ekadhantham upasmahe

Asmin Bimbe Vigneshwaram Dhyayaami

Vigneshwaram aavaahayaami



Praarthana Contd..

Vigneshwaraaya namaha aasanam samarpayaami

Vigneshwaraaya namaha paadhyam samarpayaami

Vigneshwaraaya namaha arkyam samarpayaami

Offering Seat, Offering Water to wash his feet, Offering water to wash his hands



Praarthana Contd..

Vigneshwaraaya namaha aachamaneyam samarpayaami

Vigneshwaraaya namaha snaanam samarpayaami

Offering Water to drink, Offering water to bathe



Praarthana Contd..

Vigneshwaraaya namaha snaanaanantharam

aachamaneyam samarpayaami

Vigneshwaraaya namaha vasthraartham akshadhaan

samarpayaami

Offering Water to drink, Offering clothes



Praarthana Contd..

Vigneshwaraaya namaha yajnyo-paveethartham
akshadhaan samarpayaami

Vigneshwaraaya namaha gandhaam samarpayaami

Offering sacred thread, Offering sandalwood paste



Praarthana Contd..

Vigneshwaraaya namaha gandhopari kumkumam
samarpayaami

Vigneshwaraaya namaha akshadhaan samarpayaami

Vigneshwaraya namaha pushpaihi poojayami

Offering kumkum, Offering akshadhai, offering flowers



Archanai



1. Om Sumukhaaya Namaha
2. Om Ekadanthaaya Namaha
3. Om Kapilaaya Namaha
4. Om Gajakarnakaaya Namaha
5. Om Lambodaraaya Namaha
6. Om Vikataaya Namaha
7. Om Vignaraajaya Namaha
8. Om Vinaayakaaya Namaha



Archanai



9. Om Dhuma Kethave	Namaha
10.Om Ganaadhyakshaaya	Namaha
11.Om Paalachandraaya	Namaha
12.Om Gajaananaaya	Namaha
13.Om Vakratundaaya	Namaha
14.Om Shoorpa Karnaaya	Namaha
15.Om Heyrambhaaya	Namaha
16.Om Skandapoorvajaaya	Namaha



Archanai



Om Mahaa Ganapathaye Namaha

Naanavitha, Parimala, Pathra-Pushpaani, Samarpayaami.

Dhoopam Aakraabayami,
Deepam dharshayami

Dhoopa dheepartham Akshadhaan Samarpayaami.



Nivedhanam



Om bhoor bhuvassuvaha;
thatsavithur varenyam
Bhargo devasya dheemahi;
dhiyo yo nah prachodhayaath
Deva savitha prasava
rutham thva, sathyena parishchinchami
Amruthamasthu amruthopastharanamasi

Offering prasadam to God



Nivedhanam



Om praanaaya swaahaa

Om apaanaaya swaahaa

Om vyaanaaya swaahaa

Om udhaanaaya swaahaa

Om samaanaaya swaahaa

Om brahmane swaahaa



Nivedhanam



Brahmani maathma amruthathvaaya

vigneshwaraaya namaha

Naalikera kanda thvyam kathaleepalam nivetha yaami

Madhye madhye paaneeyam samarpayaami

Amruthaapithaanamasi. Achamaneeyam samarpayaami



Nivedhanam



Poogi pala samaayuktham
Naagavalli thalairyutham
Karpورا shoorna samyuktham
Thaamboolam prathigruhyathaam
Vigneshwaraaya namaha
thaamboolam samarpayaami



Deepa Aaradhanai



Vigneshwaraaya namaha
karpooraneeraajanam sandharshayaami

Thath purushaaya vidhmahe , vakra thundaaya dheemahi,
thanno dhanthi prachodhayaath

Samasthopachaaraan samarpayaami
(offering flowers)



Praarthanai



Vakrathunda mahaakaaya soorya koti samaprabha

Avignam kurume deva sarvakaaryeshu sarvathaa

Vigneshwaraaya namaha praarthayaami



Pradhana Pooja for Hanuman



Ganapathi Dhyaanam



Shuklāambaradharam Vishnum
Sasivarnam Chaturbhujam,
Prasannavadanam dhyāyeth,
Sarva-vighnopasāntaye

*For the removal of all obstacles, I meditate on Lord Vighnesvara,
Who is clad in white, Is all-pervading, Is white like the moon, Sports
four arms and Is always of serene aspect.*



Pranayamam (mentally chanting)

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Om Janah, Om Tapah, Om Satyam

Om Tat Saviturvarenyam

Bhargo devasya dhimahi,

Dhiyo yo nah prachodayat

Om apo jyoti raso amritam Brahma

Bhur Bhuvah suvar om



Sankalpam (1 of 6)



Mamopatha, samastha,
duritha kshayadwaara,
shri parameshwara, preetheyartham,
Subhae shobanae, muhurthae,
Aadhya Brahamanaha:
Dviteeya parardhe, shri Shvetavaraha kalpe,
Vaivaswatha manvantare ,



Sankalpam (2 of 6)

Ashta Vimsati tame, Kaliyuge,
Vindhasya pakshima dhik bage,
brugadhaarunya kshethre,
samudhra madhye sthithe, Scotland maanagare,
Aberdeen Nagare, Don Dee nadhi dheere, Airopa gante
Asmin, Varthamane, Vyavahaarike, Prabhavaadeenam,
Shastyaaha, Samvatsaraanaam, Madyae



Sankalpam (3 of 6) (Please see Panchangam - Aberdeen, UK)

_____ Nama Samvatsare ,

_____, _____ Ruthou,

_____ Mase, _____ Pakshe,

_____ SubhaThithou,

_____ Vasara Yuktayam,

_____ -Nakshatra Yuktayam,



Sankalpam (4 of 6)



Shubha yoga, shubha karana,
Sakala viseshena, visishtaayaam,
asyaam, shubha dithow
Sarva abeeshta siddyardham



Sankalpam (5 of 6)

Mama Saha Kudumbhasya Mama saha kudumbaayaha,

Kshemaa abhivriddhyartham

Aaroghya praapthyartham, Aanjaneya prasaadena

sadhayuhu, Sampoonatha Siddhyartham,

Navagraha anukoola Siddhyartham

Chora bhaya, Mruthyu bhaya, Shathru bhaya,



Sankalpam (6 of 6)

nivruthyartham, sarva vyadhi nivaaranartham, sarva

kaaryeshu jaya sidhyartham,

aanjaneya paadha arvindhayoho,

achanjala bhakthi sidhyartham

sree aanjaneya poojam karishye.

Apa uphashruparshyaha



Vigneshwara Udhyabanam

Agajaanana padhmaarkam

Gajaananam aharnisham

Anekadantham bhakthaanaam

Ekadhantham upasmahe

Vigneshwaram yathaasthaanam prathishta-payaami....

Shobanaarthe kshemaaya punaraaka manaayacha



Main poojai - Dhyaanam-1

Khyaatha Sree raama dhootha pavana thanubhava
pingalaaksha shikaavaan

Seetha Shoka apahaari dhasa mukha vijayee
lakshmana praana dhaatha



Main poojai - Dhyaanam-2

Anetha bhesajaadhrey lavana jalaa nidhey langhaney
dheekshi thoyaha

Veera sreemaan hanuman mama manasi vasanam
kaaryasidhdhim thanothu

Asmin bimbey Sree Aanjaneyam Dhyaayaami



Samastha Upachaara poojai

Aavaahanam

Aakachchaa kachca devecha Thejo Raache Jagath pathe I

Kriyamaanaam maya poojaam Gruhaana sura-saththama II

Sri Aanjaneyam Aavaahayami



Samastha Upachaara poojai

Aavaahanam

Aakachchaa kachca devecha Thejo Raache Jagath pathe I

Kriyamaanaam maya poojaam Gruhaana sura-saththama II

Sri Aanjaneyam Aavaahayami



Samastha Upachaara poojai



Aasanam

Naanaa rathna samayuktham Kaartha-swara vibooshitham I

Aasanam deva devecha Preethyartham prathi-gruhyathaam II

Vayuputhraya namaha Rathnaasanam Samarpayami



Samastha Upachaara poojai

Padhyam

Gangaathi sarva theerthe-byaha Maya praarthana- yaahrutham I

Thoyame-thath sugas-parcham Sowkyartham prathi
gruhyathaam II

Kakustha dhoothaya namaha Paadhyam Samarpayami



Samastha Upachaara poojai

Argyam

Namasthe deva devecha Namasthe dharanee-dhara I

Namasthe kamalaa- kantha Gruhaa-naargyam namosthutte II

Seetha Shoka apahaarine namaha
Argyam Samarpayami



Samastha Upachaara poojai

Aachamaneeyam

Karpooram vaasitham thoyam Mandhaa-kinyaa: samaa-hrutham I

Aachamyathaam jagan-naatha Mayaa-daththam hi-bakthitha: II

Anjana soonave namaha

Aachamaneeyam Samarpayami



Samastha Upachaara poojai

Madhu-barkham

Tathyaajya madhu- samyuktham Madhubarkam mayaa-hrudhaml

Gruhaana sarva-Lokesha Sri Aanchaneya namo-stuthe II

Lakshmana pranadhathrey namaha madhu-barkham

Samarpayami



Samastha Upachaara poojai

Panchamrudha Snaanam

Paarijatha tharu moola vaasiney namaha

Panchamrudha snaanam Samarpayami



Samastha Upachaara poojai

Sudhodhaga Snaanam

Gangaacha yamuna chaiva Narmadha-cha saraswathi.

Krushnaa-cha Gauthami Veni Kshipraa sindhu-sthathaivacha II

Thaapi Payoshini revaacha, thaapya snaanaartha maahrutham I

Thoyamedhath sugas-parsham snaartham pradhi-gruhyathaam II

Sri Aanjaneya namaha Sudhodhaha snaanam Samarpayami

Snaanaananthram aachamaneeyam samarpayami



Samastha Upachaara poojai

Vasthram

Sarva booshaadhike sowmyae Loka lajjaa-nivaarane I

vaasasee prathi-gruhyae-thaan Mayaa thubyam samarpithaan II

Vasthram thu soma dhaivathyam Lajjaa- yaasthu nivaarakam I

vaasasee prathi-gruhyae-thaan Mayaa thubyam samarpitham II

Ramapriyaaya namaha Vasthra yukmam Samarpayami



Samastha Upachaara poojai

Upaveedham

Dhamodhara namasthesthu Thraahi-maam bava-saagaraath I

Bramha-soothram soththareeyam Gruhaana purushothama II

Karunamoorthayae namaha Upaveedham Samarpayami



Samastha Upachaara poojai

Aabharanam

Aanjaneyaya namaha aabharanartham
akshadhaan samarpayaami



Samastha Upachaara poojai

Gandham

Sree Kandam chandanam divyam Gandhaatyam su-manoharam I

Vilepanam suras-reshta Preethyartham pradhi-gruhyathaam II

Maha dheeraya namaha

Gandhaam Dhaarayami

Ganthopari haridhra choornam samarpayami



Samastha Upachaara poojai

Akshadhai

Akshadhaam-cha suras-reshta Kungumaak-thaan-su-chobanaan I

Mayaa nivedhithaan bakthyaa Gruhaana parameshwara II

Thathva gnana pradaaya namaha Akshadhaan Samarpayami



Samastha Upachaara poojai

Pushpam

Pushpaani- cha sugandheenee Maalyaa-dheene- sa-vai-prabho I
Mayaa-hrudhaani poojartham Pushpaani pradhi-gruhyathaam II

Kumara brahmacharinae namaha Pushpamaalam samarpayami
Vayuputhraaya namaha pushpaihi poojayaami



Anga Poojai - Worshiping various parts of GOD's body



Om Markatesaaya namaha: Paadhow
poojayami

Feet

Om mahothsahaaya namaha: Kulpow
poojayami

Ankle

Om mahaa Kshuthra nibarhanaaya
namaha:

Ankle

Janke Poojayami



Anga Poojai - Worshiping various parts of GOD's body

Om Shathru samhaaraya namaha:
januni poojayami

Ankle

Om raamadhootaaya namaha:
ooru poojayami

Thighs

Om mahaa dheeraaya namaha:
katim Poojayami

Hips



Anga Poojai - Worshiping various parts of GOD's body

Om rudhra veeryaya namaha: guhyam
poojayami

Marmam

Om anjana garbha samboothaaya
namaha: naabim poojayami

Belly
button

Om vaayu puthraaya namaha:
udharam Poojayami

Stomach



Anga Poojai - Worshiping various parts of GOD's body

Om kumara brumhacharine namaha:
vaksha: poojayami

Chest

Om dhushtagraha vinaasaaya namaha:
hrudhayam poojayami

Chest

Om mahaa bala paraakramaaya
namaha:

Shoulders

skandhow Poojayami



Anga Poojai - Worshiping various parts of GOD's body

Om jitendriyaaya namaha:
Kantam poojayami

Neck

Om seetha soka apahaarine namaha:
hasthaan poojayami

Hands

Om lakshmana praanadaathre
namaha:

Shoulders

Baahoon Poojayami



Anga Poojai - Worshiping various parts of GOD's body

Om kakustha doothaaya namaha:
mukham poojayami

Face

Om rudhra moorthaye namaha:
naasikaam Poojayami

Nose

Om Vajra dehaaya namaha:
akshinee poojayami

Eyes



Anga Poojai - Worshiping various parts of GOD's body

Om raama priyaaya:
Karnow poojayami

Om koteendhu soorya prabaaya
namaha: sira: poojayami

Om Maaruthaathmajaaya namaha
Sarvaan angaani Poojayami

Ears

Head

Whole
body



Ashtothram

(108 names of GOD)

- | | |
|------------------------------------|--------|
| 1. Om Aanjaneyaya | namaha |
| 2.Om Mahaveeraya | namaha |
| 3.Om Hanumathe | namaha |
| 4.Om Maarutatmajaya | namaha |
| 5.Om Tatva-gnana-pradaya | namaha |
| 6.Om Sita-devi-mudhra-pradaya kaya | namaha |
| 7.Om Ashoka vanikaa chetre | namaha |
| 8.Om Sarvamaya vibhamjanaya | namaha |
| 9.Om Sarva-banda-vimokthre | namaha |
| 10.Om Raksho-vidhvamsa-kaarakaya | namaha |





Ashtothram (108 names of GOD)

- | | |
|-----------------------------------|--------|
| 11. Om Para-vidhya-pariharaya | namaha |
| 12. Om Para-shourya-vinashanaya | namaha |
| 13. Om Paramantra-niraakarte | namaha |
| 14. Om Parayantra-prabedakaaya | namaha |
| 15. Om Sarwagraha-vinaashine | namaha |
| 16. Om Bhimasena-sahayakrute | namaha |
| 17. Om Sarva-dukhaharaaya | namaha |
| 18. Om Sarva-lokaacharinye | namaha |
| 19. Om Manojavaaya | namaha |
| 20. Om Paarijaata tharumulasthaya | namaha |





Ashtothram

(108 names of GOD)

- | | |
|---|--------|
| 21. Om Sarva-mantra-swaroopa vathe | namaha |
| 22. Om Sarva-tantrathmajama | namaha |
| 23. Om Sarva-yantra swaroopine | namaha |
| 24. Om Sarva-mantrath makaya | namaha |
| 25. Om Kapeeshwaraaya | namaha |
| 26. Om Mahakaayaaya | namaha |
| 27. Om Sarwa-roghaharaaya | namaha |
| 28. Om Prabhave | namaha |
| 29. Om Balasiddhikaraaya | namaha |
| 30. Om Sarwa-vidya-sampatpradaa-yakaaya | namaha |
| Om Kapisenaa-naayakaaya | namaha |





Ashtothram (108 names of GOD)

- | | |
|---|--------|
| 31. Om Bhavishya-chatu-rananaaya | namaha |
| 32. Om Kumaara-brahmacharine | namaha |
| 33. Om Ratna-kundala-deepthimate | namaha |
| 34. Om Sanchala-dwala-sannaddha-
lambamaana Shikhojwalaaya | namaha |
| 35. Om Gandharva-vidya-tatvagnaya | namaha |
| 36. Om Mahabala-paraakramaaya | namaha |
| 37. Om Kaaraa-gruha-vimoktre | namaha |
| 38. Om Shrumkhalaa-bandhamochakaaya | namaha |
| 39. Om Saagarothtarakaaya | namaha |
| 40. Om Praagnaaya | namaha |





Ashtothram (108 names of GOD)

- | | |
|-----------------------------------|--------|
| 41. Om Raama-dhootaaya | namaha |
| 42. Om Prataapavate | namaha |
| 43. Om Vaanaraaya | namaha |
| 44. Om Kesaree-sutaaya | namaha |
| 45. Om Seetaa-shoka-nivaaranaaya | namaha |
| 46. Om Anjanaa-garbha-sambhutaaya | namaha |
| 47. Om Baalaarka-sadrushaananaaya | namaha |
| 48. Om Vibhishana-priyakaraaya | namaha |
| 49. Om Dhashagreeva-kulaantakaaya | namaha |
| 50. Om Lakshmana-pranadaathrey | namaha |





Ashtothram (108 names of GOD)

51. Om Vajra-kaayaaya	namaha
52. Om Mahadyutaye	namaha
53. Om Chiranjeevine	namaha
54. Om Raamabhaktaya	namaha
55. Om Daitya-kaarya- vighatakaaya	namaha
56. Om Akshahantre	namaha
57. Om Kaala Nabhaaya	namaha
58. Om Kaancha-naabhaya	namaha
59. Om Pancha-vaktraya	namaha
60. Om Maha-tapase	namaha





Ashtothram (108 names of GOD)

61. Om Lankhinee-bhanjanaaya	namaha
62. Om Srimate	namaha
63. Om Simhika-pranabhanjanaaya	namaha
64. Om Gandha-maadana-sailasthaya	namaha
65. Om Lankaa-puravidaahakaaya	namaha
66. Om Sugriva-sachivaaya	namaha
67. Om Bhimaaya	namaha
68. Om Shooraya	namaha
69. Om Daityakulantakaaya	namaha
70. Om Surararchitaaya	namaha





Ashtothram (108 names of GOD)

71. Om Mahatejase	namaha
72. Om Raama-chudaamani pradaaya	namaha
73. Om Kaama-rupine	namaha
74. Om Pingalakshaya	namaha
75. Om Vaardhi-mainaaka-pujitaaya	namaha
76. Om Kabali-kruta-marthanda-mandalaaya	namaha
77. Om Vijiten-driyaaya	namaha
78. Om Raama-sugriva-sandhaatre	namaha
79. Om Maha-raavana-mardhanaaya	namaha
80. Om Spatikaabhaya	namaha





Ashtothram (108 names of GOD)

81. Om Vaagadhishaaya	namaha
82. Om Nava vyaakruti-panditaaya	namaha
83. Om Chatur baahave	namaha
84. Om Deena-bandhave	namaha
85. Om Mahaatmane	namaha
86. Om Bhaktha-vatsalaaya	namaha
87. Om Sanjeevana nagaaharthre	namaha
88. Om Shuchaye	namaha
89. Om Vaagmine	namaha
90. Om Drudavrataaya	namaha





Ashtothram (108 names of GOD)

- | | |
|----------------------------------|--------|
| 91. Om Kaalanemi-pramadhanaaya | namaha |
| 92. Om Harimarkata markataaya | namaha |
| 93. Om Dhantaaya | namaha |
| 94. Om Shantaaya | namaha |
| 95. Om Prasanaatmane | namaha |
| 96. Om Dhashakanta-madaapahrute | namaha |
| 97. Om Yogine | namaha |
| 98. Om Raamakathaalolaaya | namaha |
| 99. Om Seetaanveshana-panditaaya | namaha |
| 100. Om Vajranakhaya | namaha |





Ashtothram (108 names of GOD)

101. Om Rudhra-veerya-samudbavaaya namaha
102. Om Indrajith prahitaa moha
brahmaastra vinivaarakaaya namaha
103. Om Paartha-dhwajaagra-samvaasine namaha
104. Om Shara-banjara-bhedhakaaya namaha
105. Om Dashabaahave namaha
106. Om Lokapujyayaa namaha
107. Om Jaambavat preeti vardhanaaya namaha
108. Om Seetaa-sameta sreeraamapaada
sevaa dhurandharaaya namaha

Sri Aanjaneyaaya namaha

Naanavidha parimala pathra pushpaani samarpayami





Utharaanga Poojai



Dhoopam



Vanaspathi rasoth-bootha-ha
Gandhaatyo gandha uththama I
Aagreya: sarva- devaanaam
Thooboyam pradhi-gruhyathaam II

Maaruthaatmajaya namaha dhoopam aaghraapayaami



Dheepam

Saajyam thrivarthi samyuktham
Vahninaa yojutham mayaa
Deepam gruhaana deevesha
Thrilokya thimiraa baham

Thatvagnanaaya namaha dheepam dharshayaami
DhoopaDheepaanandharam Aachamaneeyam
Samarpayyaami



Maha Nivedhyam



Offering prasadam to God



Nivedhanam



Om bhoor bhuvassuvaha thatsavithur varenyam
Bhargo devasya dheemahi
dhiyo yo nah prachodhayaath
Deva savitha prasava
rutham thva, sathyena parishinchaami
Amruthamasthu amruthopastharanamasi

Offering prasadam to God



Nivedhanam



Om praanaaya swaahaa, Om apaanaaya swaahaa

Om vyaanaaya swaahaa, Om udhaanaaya swaahaa

Om samaanaaya swaahaa, Om brahmane swaahaa

Annam Chathurvidham Swaadhu Rasai Shatbhis Samanvitham |

Pakshya bhojya Samayuktham Naivedhyam Prathigruhyathaam | |



Nivedhanam



Sri Aanjaneyaaya namaha phalaani, ksheeram, chunakam,
navaneetham, naalikeram, gruthagula paayasam
ethat sarvam amrutham

Mahaa Naivedhyam Nivedhayaami

Madhye madhye paaneeyam samarpayaami
Amruthaapidhaanamasi



Thamboolam



Pookeepala samaayuktham naaga valli thalair yuthami

Karpooro choorna samyuktham thaambolam prathi

gruhyathaam ||

Sri Aanjaneyaaya namaha

Karpooro Thaamboolam Samarpayaami



Deepa Aaradhanai





Deepa Aaradhanai



Neeraajanam sumaangalyam koti soorya sama prabham
Aham bhaktyaa pradaasyami sweekurushva dayaanidhey



Deepa Aaradhanai



Hanuman

Aanjaneyaaya vidmahe vaayu putraaya dheemahi

Tanno hanuman prachodayaat.



Gayathri manthram



Ganesha

Tat purushaaya vidmahe vakratundaaya dheemahi
Tanno dantih prachodayaat.



Deepa Aaradhanai



Muruga

Tat purushaaya vidmahe mahaasenaaya dheemahi
Tannah Shanmukah prachodayaat.



Gayathri manthram



Vishnu

Naaraayanaaya vidmahe vaasudevaaya dheemahi
Tanno vishnuh prachodayaat.

Garuda

Tat purushaaya vidmahe suvarna pakshaaya dheemahi
Tanno garudah prachodayaat.



Gayathri manthram



Durga

Kaathyaaya naaya vidhmahe kanyakumaari dheemahi

Tanno durgih prachodayaat.



Gayathri manthram



Shiva

Tat purushaaya vidmahe Mahaadevaaya dheemahi
Tanno rudrah prachodayhat.

Nandi

Tat purushaaya vidmahe Chakratundaaya dheemahi
Tanno nandih prachodayaat.



Deepa Aaradhanai



Sree Aanjaneyaaya namaha:

Samastha apraadha kshamaartham

Sarva mangala praapthyartham karpooora neeraajanam

dharsayaami



Pushpaanjali

Mandhaara neelothpala kundha jaathi
Punnaaga malli karaveera pankajaihi
Pushpaanjali bilwa dhalai thulasya
Deva thwanghrow viniveshayaami

Sadhaa raama paadhukaa sevakaaya namaha
Pushpaanjali Samarpayaami



Mantra Pushpam – (shortened)



Mantra Pushpam



yo'pāṃ puṣpaṃ veda' puṣpa'vān prajāvā"n paśumān
bha'vati |

candramā vā apāṃ puṣpaṃ" |

यो॑पां॑ पु॒ष्पं॑ वेदं॑ पु॒ष्प॑वान् प्र॒जा॑वान् प॒शु॑मान् भ॑वति ।
च॒द्र॒मा॒ वा॒ अ॒पां॑ पु॒ष्प॑म् ।



Mantra Pushpam

puṣpa'vān prajāvā'n paśumān bha'vati |
ya evaṃ veda' | yopāmāyata'naṃ veda' |
āyatana'vān bhavati |1|

पुष्पवान् प्रजावान् पशुमान् भवति |
य एवं वेद । योपामायतनं वेद । आयतनवान् भवति ।1।



Mantra Pushpam

om rājādhirājāya' prasahya sāhine" | namo' vayaṃ
vai"śravaṇāya' kurmahe |sa me kāmān kāma kāmā'ya
mahyam" | kāmēśvaro vai"śravaṇo da'dātu |

ॐ राजा धराजाय प्रसह्य साहिने । नमो वयं वैश्रवणाय कुर्महे ।
स मे कामान् काम कामाय मह्यम् । कामेश्वरो वैश्रवणो ददातु ।



Mantra Pushpam

kuberāya' vaiśravaṇāya' | mahārājāya nama'h |

कुबेराय॑ वैश्रव॒णाय॑ । म॒हारा॒जाय॑ नमः॑ ।



Pradhakshina Manthram



Yaani kaani-cha paa-paa-ni Janmaantra kruthaa-ni-cha I
Thaani thaani vinash-yanthi Pradhakshina pathe-pathe II



Namaskara Manthram



Vajra dhehaaya kaalaagni rudraaya amitha thejasey

Brahmastra sthambanaayasmai namasthey rudra moorthaye

Markatesa mahotsaaha sarva shoka vinaasaka

Shatrun samhara maam raksha shriyam thaapaya dhehi mey

Sri Aanjaneyaaya namaha

Pradhakshina Namaskaaraan Samarpayaami



Praarthanai

Asaadhya-saadhaka swaamin asaadhyam thava kim vadha

Raama dhootha krupaa sindhou mathkaaryam saadhaya prabho



Kshamaa Prarthana



yad-ākshara-pada' -bhrasṭām, mā trā-hīnam tu yadbhavet
tat-sārvam kshāmyatām devā, nārāyaṇa namo'stute |

visārga-bīndu-mā trāṇi, pada-pā dāksharā'ṇi cha
nyūnā'ni chā'tiriktāni, kshamasva purosthama ||



Kshamaa Prarthana

anya'athā' sharā ṇam nāsti, tvameva shara ṇam mama'
tasmā't kārūṇya bhā venā, raksha raksha Janarthana

om shānti shānti shānti |



Kshamaa Prarthana

Yasyas mruthyaacha namokthya thapa pooja kriyaa thishu I

Nyunam sampoornathaam yaadhi sathyo vandhe thamasyutham II

Manthra heenam kriyaa heenam bakthi heenam sureshwara I

Yath poojitham maya deva Paripoornam thathasthutte II



Kayena vacha

kāyena vāchā manasendriyairvā, buddhyātmanāvā prakrute
svabhāvāt |

karomi yadyat-sakalam parasmai, nārāyaṇāyeti samarpayāmi ||

Sarvam Aanjaneyaaya Preeyathaam

“Om Tat sat Brahmarpanamasthu”



Pooja Concludes

